



BREAK FREE!!

AN INTRODUCTION TO READING TAROT CARDS WITHOUT A SPREAD

Tarot Tips & Tricks to Break Free!!

Here is a list of tips and techniques that will help you combine the tarot cards into a full reading rather than just individual cards in individual positions.

Get in the zone - Make sure that you are in the right frame of mind before consulting the tarot cards for yourself or others. It is very important that you are feeling balanced and energized, then you will be able to conduct an accurate tarot reading for yourself or others. Having a pre-reading ritual or routine is useful, but not necessary.

Use a tarot deck that you truly resonate with – Make sure that you feel a connection to the images and energy of your tarot deck. I highly suggest that if you are just starting out, that you begin with a fully illustrated deck such as the Rider Waite Smith or similar. Once you have mastered the tarot card meanings you can switch to an abstract or pip deck if you feel more drawn to those styles.

Learn at least one keyword for each card to start - Don't stress. If you try to memorize every meaning for every card from every author you will end up getting discouraged and retaining nothing.

Read the images on the tarot cards - if you are conducting a reading for yourself, a friend, or even professionally, and for some reason your mind goes totally blank – instead of trying to recall the textbook meanings for the cards, actually read the cards as though the illustrations and images are telling a story. What do you see when you look at each individual tarot card? What is happening? Is there a person? What is the person doing? What mood does the predominant color(s) of each card convey? What do the various symbols on the cards mean? How does one card blend into the next? Similarities? Differences?

Intuition in addition to “tuition” - we can get so stressed out with learning all the various meanings, symbols, and astrological aspects of the tarot cards from various authors, that we sometimes forget to use our own intuition! After spending a reasonable amount of time learning the traditional card meanings, why not try going with the first word, idea, or story that comes to your mind. Engage your intuition in addition to your book learning.

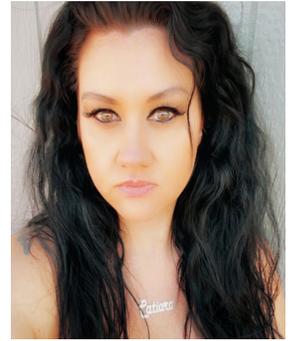
Relate it back to life - The more you can relate the cards to real life situations, the better you'll be able to translate those same cards when they show up in a reading. Especially where the Court Cards are concerned. Try to match up personalities with people in your life or famous people. It will help you to be able to describe who the tarot cards are talking about in a particular reading.

Find A Study Buddy - Each and every tarot card reader has a different perspective on specific tarot cards. So, if you're open to learning even more about the tarot, find a study buddy and practice reading the cards together. You'll be able to teach one another about the tarot, share your diverse perspectives, and support each other's growth.

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BREAKING DOWN THE READING



CATIARA MARIE

If a question has been posed to the cards.

Start by laying out at least three cards.....

- what do you see??
- Are there two (or more) of one particular suit?
- Are there two (or more) of one particular number? (i.e. 2 of Wands, 2 of Swords, 2 of Cups, High Priestess)
- What does the overview have to do with the context of the question?
- If you use one keyword for each card, can you make a sentence? (subject, verb, object)
- If you use one keyword for each card, can you make a story? (beginning, middle, end)
- Always refer back to the question. Context is key when you are unsure of how to interpret a particular card.

When doing a general reading (no question asked) the context will be determined by the intention (introspective reading, predictive reading, guidance reading).

You will need to decide what type of general reading that you prefer to perform. I do a combination of all three.

- An introspective reading - what & why is this happening? (Shadow work)
- A predictive reading - what is most likely going to happen? (Fortunetelling)
- A guidance reading - what to do to make something happen? (Advice)

Typically I start a general reading with three cards that describe the current or recently occurred events of what & why this is happening in the querent's life so that the querent can validate it, then I go into what is coming up (predictive) and conclude with guidance to achieve the best outcome. The amount of cards used in a free-form reading vary from reading to reading, but typically range from 16 - 30 cards, and cover a variety of subjects.

GRAB A STUDY BUDDY AND BREAK FREE!!